

# The Box

Joe Schumacher

G - D String

The G-D string exercise is written on three staves of bass clef notation in 4/4 time. The first staff begins with a key signature of one flat (Bb) and a 4/4 time signature. The first three measures are marked with fingering: 4, 1, 4, 1. The word "simile" is written above the fourth measure. The exercise consists of a sequence of eighth and quarter notes across the three staves, ending with a double bar line.

D - A String

The D-A string exercise is written on three staves of bass clef notation in 4/4 time. The key signature changes to two sharps (F# and C#) in the second measure of the first staff. The exercise consists of a sequence of eighth and quarter notes across the three staves, ending with a double bar line.

This exercise is designed to work on proper left hand technique and to build strength and speed in the left hand. Start slow and focus on good technique and intonation. Then as you are more comfortable work up the tempo to as fast as possible to work on general dexterity or "chops" as they say in the jazz world.

This exercise was adapted from a guitar teacher and can be used on both Electric bass or Double Bass, and can be plucked bowed and slurred at will to add variety. Also note, I have only written it out for G-D strings and D-A strings, feel free to play on A- E strings as well.